

Learn To Ride

The Bikeability Learn to Ride module is for children in year 1 and above who are unable to cycle but must have a bike without stabilisers. Sessions will be taught in small groups, in a pressure free environment, by Scheme staff and targets those struggling to master the skill.

Course Dates:
Tuesday 2nd, Wednesday 3rd, Monday 8th
and Tuesday 9th April 2024

Course Times:
1000-1115
1115-1215
1300-1400



**CLICK HERE TO
BOOK**

Level 1/2

The Bikeability Level 1/2 course helps children get more skilled and confident in riding their bikes in the playground before we take to the road. This course is for children between 9 and 11 years old. A hot lunch will also be provided

Course Dates:
Thursday 4th, Friday 5th, Wednesday 10th
and Thursday 11th April 2024

Course Times:
0900-1400



WHAT IS BIKEABILITY? Bikeability is the national cycle training programme supported and funded by the Department for Transport. The course builds the skills and confidence of children who can already ride. Bikeability cannot only make children better cyclists; potentially for the rest of their lives but can help with general confidence and independent thinking. All of our Bikeability training is delivered by qualified, professional, DBS checked National Standard Instructors. Visit www.bikeability.org.uk for more information

Key Information:

- Drop off and pick up both from the Sports Centre at Callington Community College
- Children will need a bike without stabilisers and a helmet
- Children will need to be dressed appropriately for sporting activity and will require long sleeves, covered legs and closed shoes
- Please come dressed for the weather